## Ohio Healthy Youth Environments Survey (Spring 2021) (Online only – This is an example)

1.	How old are you?  11 years old or younger (Ineligible)  12 years old  13 years old  14 years old	The next 2 questions ask about having a disability or a long-term (6 months or longer) health problem. A disability or long-term health problem can cause physical, emotional, learning, hearing, communication, speech, vision, or attention problems.
	<ul> <li>15 years old</li> <li>16 years old</li> <li>17 years old</li> <li>18 years old or older</li> </ul>	8. Do you have a disability or long-term health problem that keeps you from doing everyday activities such as bathing, getting dressed, doing school work, playing sports, or being with friends?
2.	What is your sex?  Female  Male  Transgender	Yes No Not sure  Have you ever been told by a doctor, nurse or parent
3.	Gender Nonconforming  In what grade are you?  7th grade  8th grade  9th grade	that you have a disability or long-term health problem?  Yes  No  Not sure  10. How many times have you ever moved to a new
4.	☐ 10th grade ☐ 11th grade ☐ 12th grade ☐ Ungraded or other grade  Are you Hispanic or Latino? ☐ Yes	address?  0 times  1 time 2 times  3 times
	☐ No	4 or more times  11. During the past 12 months, how would you describe
5.	What is your race? (CHECK ALL THAT APPLY)  American Indian or Alaska Native  Asian  Black or African American  Native Hawaiian or Other Pacific Islander  White	your grades in school?  Mostly A's  Mostly B's  Mostly C's  Mostly D's  Mostly F's
6.	How tall are you without your shoes on?  Feet: 3 4 5 6  Inches: 0 1 2 3 4 5 6  7 8 9 10 11	<ul><li>None of these grades</li><li>Not sure</li><li>The next questions ask about safety and violence-related behaviors.</li></ul>
7.	How much do you weigh without your shoes on?  Pounds	<ul> <li>12. In the past year, how often did you feel safe and secure at school?</li> <li>Never</li> <li>Rarely</li> <li>Sometimes</li> <li>Most of the time</li> <li>All of the time</li> </ul>

13. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?    0 days   1 day   2 or 3 days   4 or 5 days   6 or more days	<ul> <li>17. During the past 12 months, have you ever been bullied on school property?  Yes  No</li> <li>18. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)</li> <li>Yes</li> </ul>
14. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?  0 times 1 time 2 or 3 times 4 or 5 times 6 or more times	<ul> <li>No</li> <li>19. During the past 12 months, how many times were you in a physical fight?</li> <li>□ 0 times - SKIP TO #21</li> <li>□ 1 time</li> <li>□ 2 to 5 times</li> <li>□ 6 or more times</li> </ul>
15. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)    I did not date or go out with anyone during the past 12 months   0 times   1 time   2 or 3 times   4 or 5 times   6 or more times    The next questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.  16. What types of bullying have you experienced in the past 12 months? (CHECK ALL THAT APPLY)   You were hit, kicked, punched, or people took your belongings   Teased, taunted, or called harmful names   Spread mean rumors about or kept out of a "group"   Teased, taunted, or threatened by e-mail, cell phone, or other electronic methods   Nude or semi-nude pictures used to pressure someone to have sex that does not want to, blackmail, intimidate, or exploit another person	20. During the past 12 months, how many times were you in a physical fight on school property?    0 times   1 time   2 to 5 times   6 or more times    21. I feel safe in my neighborhood (town, community).    Yes   No    The next questions ask about vehicle safety.  22. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?    0 times   1 time   2 or 3 times   4 or 5 times   6 or more times    23. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?    I did not drive a car or other vehicle during the past 30 days - SKIP TO #25   0 times   1 time   2 or 3 times   4 or 5 times   4 or 5 times   6 or more times   6 or more times
None of the above – SKIP TO #19	

24. During the past 30 days, on how many days did you	30. When you are stressed out, how do you manage it?
text or email while driving a car or other vehicle?	(CHECK ALL THAT APPLY)
☐ 0 days	I do not have any stress
1 or 2 days	Physical activity (exercise, sports,
3 to 5 days	skateboarding, motocross, etc.)
6 to 9 days	Meditate, pray, use relaxation techniques
$\square$ 10 to 19 days	Participate in hobbies or community service
20 to 29 days	Express myself through the arts and literature
All 30 days	(dance, music, art, writing, etc.)
The next questions ask about behavioral health.	Get support from others
The next questions ask about behavioral health.	Avoid people who create "drama"
25. On an average school night, how many hours of sleep	Limit exposure to social media (Facebook,
do you get?	Twitter, Instagram, etc.)
4 hours or less	
5 hours	31. When was the last time you saw a doctor, nurse,
6 hours	therapist, social worker, or counselor for a mental
7 hours	health problem?
8 hours	During the past 12 months
9 hours	Between 12 and 24 months
10 or more hours	More than 24 months
<del>_</del>	Never
26. Over the past <u>2 weeks</u> , have you been bothered by	☐ Not sure
feeling nervous, anxious, or on edge?	32. Have you ever experienced any of the following?
Not at all	(CHECK ALL THAT APPLY)
Several days	Lived with someone who was depressed,
More days than not	mentally ill or suicidal
Nearly every day	Lived with someone who was a problem
27. Over the past <u>2 weeks</u> , have you been bothered by	drinker or an alcoholic
not being able to stop or control worrying?	Lived with someone who used illegal street
Not at all	drugs, or who abused prescription
Several days	medication
☐ More days than not	Lived with someone who served time or was
Nearly every day	sentenced to serve time in a prison, jail, or
reality every day	other correctional facility
28. Over the past 2 weeks, have you been bothered by	None of the above has happened to me
feeling down, depressed, or hopeless?	
☐ Not at all	33. Have you ever experienced any of the following?
Several days	(CHECK ALL THAT APPLY)
☐ More days than not	Your parents became separated or were
Nearly every day	divorced
	Your parents were not married
29. Over the past <u>2 weeks</u> , have you been bothered by	Your parents or adults in your home slapped,
little interest or pleasure in doing things?	hit, kicked, punched or beat each other up
Not at all	A parent or adult in your home hit, beat,
Several days	kicked, or physically hurt you in any way
More days than not	(not including spanking)
Nearly every day	A parent or adult in your home swore at you,
	insulted you, or put you down
	None of the above has happened to me

	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?  Yes No	41. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, snus or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal or Camel Snus? (Do not count any electronic vapor products.)
35.	During the past 12 months, did you ever seriously consider attempting suicide?  Yes No – SKIP TO #38	1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days
36.	During the past 12 months, how many times did you actually attempt suicide?  O times – SKIP TO #38  1 time 2 or 3 times 4 or 5 times 6 or more times	20 to 29 days All 30 days  42. During the past 30 days, on how many days did you smoke cigars, cigarillos or little cigars?  0 days 1 or 2 days 3 to 5 days
37.	If you attempted suicide during the past 12 months, did any attempt result in injury, poisoning, or overdose that had to be treated by a doctor or nurse?  Yes No	6 to 9 days 10 to 19 days 20 to 29 days All 30 days The next questions ask about electronic vapor products,
The	next questions ask about tobacco use.	such as JUUL, Vuse, MarkTen, and blu. Electronic vapor
	During the past 30 days, did you smoke all or part of a cigarette?  Yes  No – SKIP TO #41	products include e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens and mods.  43. Have you ever used an electronic vapor product?  Yes
	During the past 30 days, on how many days did you smoke cigarettes?  O days  1 or 2 days  3 to 5 days  6 to 9 days  10 to 19 days  20 to 29 days  All 30 days	No – SKIP TO #47  44. During the past 30 days, on how many days did you use an electronic vapor product?  0 days 1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days 20 to 29 days
40.	During the past 30 days, how did you usually get your own cigarettes? (CHECK ALL THAT APPLY)  I bought them in a store such as a convenience store, supermarket, discount store, or gas station  I got them on the Internet  I bought them from a vending machine  I gave someone else money to buy them for me  I borrowed (or bummed) them from someone else  A person 18 years or older gave them to me  I took them from a store  I took them from a family member  I got them some other way	All 30 days  45. During the past 30 days, how did you usually get your electronic vapor products? (CHECK ALL THAT APPLY)  I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store  I got them on the Internet  I gave someone else money to buy them for me  I borrowed them from someone else  A person who can legally buy these products gave them to me  I took them from a store or another person
		☐ I got them some other way

46. What are the main reasons you have used electronic	50. During the past <u>30 days</u> , on how many days did you
vapor products? (CHECK ALL THAT APPLY)	have 4 or more drinks (for females) or 5 or more
Family member used them	drinks (for males) of alcohol in a row, within a couple
Friend used them	of hours?
I vape because I am bored	0 days
☐ I vape because my friends pressure me to	1 day
To try to quit using other tobacco products	2 days
They cost less than other tobacco products	3 to 5 days
	6 to 9 days
They are easier to get than other tobacco products	
They are less harmful than other forms of tobacco	20 or more days
They are available in flavors, such as mint, candy,	51. During the past <u>30 days</u> , how did you usually get your
fruit, or chocolate	alcohol? (CHECK ALL THAT APPLY)
I used them for some other reason	☐ I bought it in the store such as liquor,
The next questions ask about drinking alcohol. This	convenience store, supermarket, discount
includes drinking beer, wine, wine coolers, and liquor	store, or gas station
such as rum, gin, vodka, or whiskey. For these questions,	I bought it a public event such as a concert or
drinking alcohol does not include drinking a few sips of	sporting event
wine for religious purposes.	I gave someone else money to buy it for me
47. How old were you when you had your first drink of	Someone gave it to me
alcohol other than a few sips?	☐ I took it from a store or family member
I have never had a drink of alcohol other	My parent gave it to me
than a few sips- SKIP TO #53	My friend's parent gave it to me
8 years old or younger	☐ I got it some other way
9 or 10 years old	52. When do you usually drink alcohol?
11 or 12 years old	Before school
13 or 14 years old	☐ During school
15 or 16 years old	After school
17 years old or older	Week nights
<del>_</del>	Weekends
48. During the past 30 days did you drink one or more	The next questions ask about marijuana use. Marijuana
drinks of an alcoholic beverage?  Yes	also is called pot, weed, or cannabis.
☐ No – <b>SKIP TO #53</b>	-
	53. How old were you when you tried marijuana for the
49. During the past <u>30 days</u> , on how many days did you	first time?
have as least one drink of alcohol?	☐ I have never tried marijuana – <b>SKIP TO #58</b>
☐ 0 days	8 years old or younger
1 or 2 days	9 or 10 years old
3 to 5 days	11 or 12 years old
6 to 9 days	13 or 14 years old
☐ 10 to 19 days	15 or 16 years old
20 to 29 days	17 years old or older
All 30 days	54. During the past 30 days, have you used marijuana or
	hashish?
	Yes
	No − SKIP TO #58

55.	During the past <u>30 days</u> , how many times did you use	The next questions ask about the use of prescription
	marijuana?	pain medicine without a doctor's prescription or
	U 0 times	differently than how a doctor told you to use it. For
	1 or 2 times	these questions, count drugs such as codeine, Vicodin,
	3 to 9 times	OxyContin, Hydrocodone, and Percocet.
	10 to 19 times	60. During your life, how many times have you taken a
	20 to 39 times	prescription pain medicine without a doctor's
	40 or more times	prescription or differently than how a doctor told you
56.	During the past 30 days, how did you usually use	to use it?
	marijuana?	U times – <b>SKIP TO #64</b>
	I smoked it in a joint, bong, pipe, or blunt	1 or 2 times
	I ate it in food such as brownies, cakes,	3 to 9 times
	cookies, or candy	10 to 19 times
	I drank it in tea, cola, alcohol, or other drinks	20 to 39 times
	☐ I vaporized it	40 or more times
	☐ I used it some other way	61. During the past 30 days, have you used prescription
57.	When do you usually use marijuana?	pain medicine without a doctor's prescription or
	Before school	differently than how a doctor told you to use it?
	During school	Yes
	After school	☐ No
	☐ Week nights	62. What type of prescription drug do you take most
	Weekends	often without a doctor's prescription or differently
_	<u> </u>	than how a doctor told you to use it?
The	next questions ask about prescription drugs.	Pain relievers or painkillers, such as OxyContin
58.	During your life, how many times have you taken any	Percocet, Vicodin, Lortab, or codeine
	prescription drugs (such as OxyContin, Percocet,	☐ Tranquilizers or anti-anxiety drugs such as
	Vicodin, and codeine, Adderall, Ritalin, or Xanax)	Xanax, or Valium
	without a doctor's prescription or differently than	Sleeping pills, sedatives and other depress such as Ambien, or phenobarbital  Stimulants or amphetamines such as Ritali
	how a doctor told you to use it?	
	☐ 0 times <b>– SKIP TO #64</b>	
	1 or 2 times	(also called Vitamin R or Study Drug)
	3 to 9 times	Not sure
	10 to 19 times	
	20 to 39 times	63. When do you usually use prescription drugs not
	40 or more times	prescribed to you?
	<u> </u>	☐ Before school
59.	During the past 30 days, have you used prescription	☐ During school
	drugs <u>not prescribed to you</u> ?	After school
	Yes	☐ Week nights
	☐ No	Weekends
		weekends

67. During the past 12 months, has anyone offered, sold
or given you an illegal drug at any of the following places? (CHECK ALL THAT APPLY)  On school property
☐ On the school bus☐ At a friend's house
☐ In my neighborhood☐ None of the above
<ul> <li>68. During the past 12 months, do you recall hearing, reading, or watching an advertisement about the prevention of substance use?  Yes  No</li> <li>69. During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? By parents, we mean either your biological parents, adoptive parents, stepparents, or adult guardians, whether or not they live with you.  Yes  No</li> </ul>
The next questions ask about how much risk is involved with using alcohol, tobacco or drugs.
themselves physically or in other ways when they have five or more drinks of an alcoholic beverage once or twice a week?  No risk Slight risk Moderate risk Great risk Thow much do you think people risk harming
themselves physically or in other ways if they smoke one or more packs of cigarettes per day?  No risk Slight risk Moderate risk Great risk Table How much do you think people risk harming themselves physically or in other ways if the use
electronic vapor products every day?  No risk Slight risk Moderate risk Great risk

73. How much do you think people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?	The next questions ask about how your friends, not just acquaintances, would feel if you used alcohol, tobacco or drugs.
<ul><li>No risk</li><li>☐ Slight risk</li><li>☐ Moderate risk</li><li>☐ Great risk</li></ul>	80. How wrong do your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?  Not at all wrong
74. How much do you think people risk harming themselves physically or in other ways if they use prescription drugs that are not prescribed to them?  No risk	☐ A little bit wrong ☐ Wrong ☐ Very wrong
Slight risk  Moderate risk  Great risk  The next questions ask about how your parents or parent figure would feel if you used alcohol, tobacco or drugs.	81. How wrong do your friends feel it would be for you to smoke tobacco?  Not at all wrong A little bit wrong Wrong Very wrong
75. How wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?  Not at all wrong A little bit wrong Very wrong	82. How wrong do your friends feel it would be for you to use electronic vapor products?  Not at all wrong A little bit wrong Wrong Very wrong
76. How wrong do your parents feel it would be for you to smoke tobacco?  Not at all wrong A little bit wrong Wrong Very wrong	83. How wrong do your friends feel it would be for you to smoke marijuana?  Not at all wrong A little bit wrong Wrong Very wrong
77. How wrong do your parents feel it would be for you to use electronic vapor products?  Not at all wrong  A little bit wrong  Wrong	84. How wrong do your friends feel it would be for you to use prescription drugs not prescribed to you?  Not at all wrong A little bit wrong Wrong Very wrong
Very wrong  78. How wrong do your parents feel it would be for you to smoke marijuana?  Not at all wrong  A little bit wrong  Wrong	85. How do you feel about someone your age trying marijuana or hashish once or twice?  Neither approve nor disapprove Somewhat disapprove Strongly disapprove
Very wrong  79. How wrong do your parents feel it would be for you to use prescription drugs not prescribed to you?  Not at all wrong  A little bit wrong  Wrong  Very wrong	86. How do you feel about someone your age using marijuana once a month or more?  Neither approve nor disapprove Somewhat disapprove Strongly disapprove

<ul> <li>87. How do you feel about someone your age having or or two drinks of an alcoholic beverage nearly every day?</li> <li>Neither approve nor disapprove</li> <li>Somewhat disapprove</li> </ul>	breakfast?  O days  I day  2 days
Strongly disapprove  The next question asks about physical activity.	☐ 3 days ☐ 4 days
	☐ 5 days
88. During the past <u>7 days</u> , on how many days were you	
physically active for a total of at least 60 minutes p	er
day? (add up all the time you spent in any kind of physical activity that increased your heart rate and	The next questions ask about other health-related topics.
made you breathe hard some of the time.)	
0 days	92. When was the last time you saw a doctor or a nurse
1 day	for a check-up when you were not sick or injured?
2 days	☐ During the past 12 months
3 days	Between 12 and 24 months
4 days	More than 24 months
5 days	Never
6 days	☐ Not sure
7 days	93. The next question asks about concussions. A
<del>_</del>	concussion is when a blow or jolt to the head causes
The next questions ask about what you ate or drank	problems such as headaches, dizziness, being dazed or
during the past 7 days.	confused, difficulty remembering or concentrating,
89. On average how many servings of fruits and	vomiting, blurred vision, or being knocked out.
vegetables do you have per day? (Do not include	During the past 12 months, how many times did you
French fries, Kool-Aid, or fruit flavored drinks.)	have a concussion from playing a sport or being
1 to 4 servings per day	physically active?
5 or more servings per day	0 times
□ 0 − I do not like fruits or vegetables	1 time
□ 0 − I cannot afford fruits or vegetables	2 times
□ 0 – I do not have access to fruits or vegetal	oles 3 times
90. During the past 7 days, how many times did you dri	nk 4 or more times
a can, bottle, or glass of soda or pop such as Coke,	94. When was the last time you saw a dentist for a check-up
Pepsi, or Sprite? (Do not count diet soda or diet por	exam, teeth cleaning, or other dental work?
☐ I did not drink soda or pop during the past	
days	Between 12 and 24 months
1 to 3 times during the past 7 days	More than 24 months
4 to 6 times during the past 7 days	Never
☐ 1 time per day	Not sure
2 times per day	
3 times per day	The next questions ask about school.
4 or more times per day	95. I enjoy coming to school.
	Strongly disagree
	Disagree
	☐ Neutral
	Agree
	Strongly agree

96. I feel like I belong at my school.	The next questions ask about gambling.
Strongly disagree	102.During the past <u>12 months</u> , how often did you gamble
Disagree	money or things while playing cards, betting on
Neutral	personal skills or sports teams, buying lottery tickets or
Agree	· · · · · · · · · · · · · · · · · · ·
Strongly agree	scratch-offs, or in internet gaming including skins or
Strongly agree	loot boxes?
97. I can go to adults at my school for help if I needed it.	☐ I did not gamble money or personal items
Strongly disagree	during the past 12 months – <b>SKIP TO #107</b>
Disagree	Less than once a month
Neutral	About once a month
Agree	About once a week
<del>_</del> -	Daily
Strongly agree	_ ,
98. My school provides various opportunities to learn about	103. During the last <u>12 months</u> , have you ever gambled
and appreciate different cultures and ways of life.	more than you planned to?
Strongly disagree	<u></u> Yes
Disagree	∐ No
Neutral	104. During the last <u>12 months</u> , have you ever felt bad
Agree	about the amount you bet, or about what happens
Strongly agree	when you bet money or things?
Strongly agree	Yes
99. My parents talk to me about what I do in school.	□ No
Strongly disagree	
Disagree	105.During the last <u>12 months</u> , have you ever hidden
Neutral	from family or friends any betting slips, I.O.U.s,
Agree	lottery tickets, money or things that you've won, or
Strongly agree	other signs of gambling?
Strongly agree	Yes
100. My parents push me to work hard at school.	□ No
Strongly disagree	40C Have very average the same have at with manufacture.
Disagree	106.Have you ever not been honest with people
Neutral	important to you about how much you gamble?
Agree	☐ Yes
Strongly agree	∐ No
Strongly agree	The next questions ask about other home or school
101. During the past 12 months, how often did your	related topics.
parents check on whether you had done your	-
homework?	107. During the past 12 months, on how many sports
Never or almost never	teams did you play? (Count any teams run by your
Sometimes	school or community groups.)
Often	0 teams
All the time	☐ 1 team
	2 teams
	3 or more teams
	•

108. I do not participate in organized after-school
activities because (Check all that apply):
Does not apply - I am able to participate in all
after-school activities I want to
No activities interest me
☐ I do not like the group of students who are participating
I'm afraid other kids would make fun of me
I have no time because of school work
☐ I have no time because of a job
☐ I have no time because I have to do things for my family
My parents won't let me
☐ It costs too much
I have no way to get to or home from activities
I do not think I am good enough
I was not chosen for the team
I have health conditions that make it difficult
I am concerned about my weight
109. How often, if ever, do your parents limit the times of day or length of time when you can use an electronic device (including TV, computer, tablet, cellphone or other electronic device) for non-school related purposes such as watching/streaming TV series or movies, playing games, accessing the internet, or using social media?  Never Rarely Sometimes Often
110. There are a lot of adults in my neighborhood (town, community) I could talk to about something important.  Yes  No