



### NOVEMBER 2021

### VOLUME 3

# Senior Spotlights

Kylee Thom Editor

## **Amilia Knisely**

Our first senior is Amilia Knisely. She is involved in band, choir and theater. Her favorite part of clubs is the "sense of community and being able to come together with other people who enjoy the same things." In her free time, she enjoys practicing music, getting ahead on school work, and self care. Her biggest piece of advice to underclassmen is to focus on your goals and keep track of them. "Even coming to school everyday is one step closer to a goal," she said.

## **Cole Newlove**

Our next senior is Cole Newlove. He is involved in the drumline, marching band, jazz band, cross country, track, STAND and the spring musical. He is also president of the NHS and does the announcements for Columbian, Also, he is Level 12 Clash Royale, and he aspires to reach Challengers 3 Arena

within the coming month."The friendships I make and the people I get to see everyday is my favorite part," he said regarding school. In his free time, he likes to read, play video games, exercise and play the piano.

His biggest piece of advice to underclassmen is that life is like a sandwich; no matter which way you flip it, the bread comes first. Just kidding. His real advice is to not stress out over the little things in life because much joy can be found from rolling with the punches.

## Ami Keita

Our last senior is Ami Keita. This is her first year at Columbian, and she likes reading books, working at her job, listening to music and helping other people. Ami works at a group home helping care for people. Her favorite part about her job is taking them on fun outings. After high school, she plans to attend Tiffin University for her nursing degree. Her biggest piece of advice to underclassmen is to focus on yourself instead of just other people because you can't let them bring you down with them. Have fun while you're at school and make it count.







## Thanksgiving

#### Alison Kramer Writer

Thanksgiving is a holiday centered around family and food in most cases. However, everyone has different traditions for Thanksgiving. Over the years, more contemporary traditions have arisen; traditions that make Thanksgiving more fun and different.

One of these new traditions is known as "Friends-giving." Friendsgiving is seen as a more informal type of traditional Thanksgiving where instead of spending time with family, you spend time with friends. Most celebrate Friendsgiving in a more casual way compared to Thanksgiving, whether that be bringing meals consisting of store-bought foods or just taking time to relax and enjoy being around each other.

Going along with the casual take on Thanksgiving, some celebrate by having a picnic or staying in their pajamas. This type of celebration can be for those who want to have a more relaxed Thanksgiving or perhaps even for those who want to spend less money. Since COVID-19, many celebrations have been disrupted because of the large concentrations of people. Outdoor Thanksgivings are a great way to still spend time with family but also stay safe.

Another fun tradition is taking a vacation on Thanksgiving break and having an untraditional meal in a new place. Most Thanksgiving breaks are quite short so it can be hard to go on trips without missing school or important activities; however, it is a fun tradition that some try. Traditional Thanksgiving food is pretty consistent, with foods like turkey, mashed potatoes, stuffing, etc. being a common food served at most celebrations. It could be interesting to travel to another area and see if their foods and traditions are similar.

In conclusion, it can be really fun and enlightening to celebrate Thanksgiving differently. Being able to enjoy the holiday with family and friends is the whole point of Thanksgiving and we should celebrate how thankful we are for them any way we want!

# **Staff Traditions**

#### Alycen Eaton Writer

All families do different activities for Thanksgiving. Some stay at home and watch football and some go with their families. We surveyed some of the Columbian teachers about what their Thanksgiving plans are. Mrs. Focht is traveling out of town and is going to her Mom's house to have dinner with her family, and Mrs. Boone is also going to have dinner at her Mom's house. Mr. Ottney is also taking his family to his Mom's to eat supper. As you can see, many of the teachers are going to their parent's house for the holiday to give thanks to them. Mrs. Luidhart is planning on snuggling her newborn baby and going to her sister's to watch football and eat a lot. Mr. Wise meets with his family for dinner. His Grandma makes the turkey and everyone else makes a side dish. Before they all eat they each say one thing they're thankful for. Mrs. Reinbolt eats with her family at her parent's house. The Tiffinian staff wishes everyone a safe and happy Thanksgiving!

## **Miscellaneous**

### **No Shave November**

#### Rylan Clarkson

Writer

"No Shave" November? What is this seemingly silly trend all about? Let me tell you.

All the way back in 2009, a Facebook campaign was started to help raise money and awareness to all forms of cancer. The campaign was started by the Hill family after their father had passed away in 2007 from colon cancer. The point of not shaving during the month of November is to show appreciation for the fact that healthy people are able to grow their hair. Often during chemotherapy treatments to combat cancer, patients lose all of their body hair.

Rules of the challenge are simple: don't shave. According to the official "No Shave" website (<u>https://no-shave.org/</u>), grooming and trimming is allowed. The money saved from not seeing a barber can be donated to charity for cancer awareness. The money raised from the campaign help organizations like the American Cancer Fund, the Pediatric Brain Tumor Foundation, the National LGBT Cancer Network, and many more. To date, the campaign has raised over 12 million dollars for these organizations and they expect to surpass these numbers in the coming years.

Total donations for this "No Shave" season reached \$338,000 as of November 15th, 2021. According to the website leaderboard, someone has donated over \$4,000! Seems crazy to think that a seemingly silly trend came from a very wholesome place and that this trend has been able to raise 12 million dollars!

## **Christmas Parade**

#### Rylan Clarkson

Writer

The Christmas parade will stroll through Tiffin on the 4th of December. The annual Tiffin Kiwanis Christmas parade returns for the 2021 holiday season. After last year's successful drive-thru parade, the city of Tiffin is proud to announce that the Christmas parade will be returning to a normal parade format that can be seen downtown. The parade will begin promptly at 11 AM at the intersection in front of St. Joe's Catholic church and will end at the bridge on Washington Street.

Members of the parade will include members of the Tiffin Kiwanis Club, the Tiffin Columbian marching band, the Calvert Seneca marching band, Santa and much more. The weather this year may be slightly chilly, but not too bad. The average temperature from past years was around 46 degrees. So if the cold isn't a problem, dress warmly and come out and see the sights and sounds of the Tiffin Columbian marching band! Hope to see you there!

# November Events

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### Astroworld 2021: A Fatal Concert

#### Brayden Miklovic

*Writer* On Friday, November 5th, Travis Scott hosted a concert at NRG Park in Houston, Texas, in which hundreds were injured, 25 hospitalized, and 10 killed (2 of which being declared dead after the incident).

The concert was going smoothly and according to plan. The crowd was wild, but not in an unusual way. At one point, however, "the crowd for whatever reason began to push and surge towards the front of the stage," according to Houston fire chief Sam Peña. Again, this kind of behavior is not unusual for concerts. However, the crowd started to compress the people near the front, causing many to pass out.

What has people wound up about the incident isn't the tragedy itself, though- it's the way that the situation was handled. Travis Scott later posted an apology video explaining that he didn't know the severity of the situation, that his fanbase is very important to him, and that "anytime [he] knew that anything was going on, [he]'d stop the show." Fans were quick to point out the fact that between the paramedics in the front row escorting concertgoers out and the entire crowd chanting "Stop the show," there's no chance that Travis didn't know that there was a crisis at hand.

As of November 17, Travis Scott's lawsuit totals have reached \$750 million, and more suits are being filed. The victims' ages range from 9-27.

### Celebrating Leonardo DiCaprio on His 47th Birthday



Travis Scott Photograph: ANI News



Astroworld Concert 2021. Photograph: ABC 7 Chicago



High schoolers at a makeshift memorial at the NRG Park grounds, where Astroworld was held. *Photograph: Thomas Shea/AFP/Getty Images* 

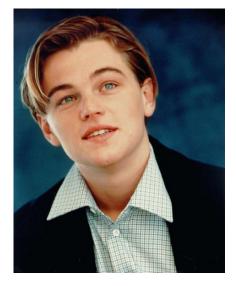
Brayden Miklovic Writer

Leonardo Wilhelm DiCaprio, born November 11, 1974, is an American actor and film producer. Even though his name is known worldwide, his life wasn't always easy. When he was still a toddler, his parents Irmelin and George DiCaprio divorced. Despite being mainly raised by his mother, he still maintained a strong bond with his father, who was a comic book artist and distributor, and his father was actually the one who sparked DiCaprio's interest in acting, saying that he needed to "explore his creative side."

"I loved imitating people ... I loved joking around with my parents and creating different characters. I liked doing my own little homemade skits," DiCaprio told Backstage.

But he didn't have much success in Hollywood until he reached his early teens. He had trouble landing an agent for years on end, and once was even told that he couldn't land an agent because his name was too complicated, and was told the name "Lenny Williams" might be a better fit.

Despite all of this, he never gave up, and eventually landed roles in popular works such as Parenthood, Growing Pains, Titanic, and The Wolf of Wall Street. Today, DiCaprio is still acting at 47 years old.



# Exam Help

### **Stress Management Tips**

#### Madison McBride

#### Writer

High school is what some may call the time of their lives. However, it can also be incredibly stressful for both students and teachers. Stress is our body's response to pressure. Stress usually stems from something new and unexpected, and when we have a lot to do or feel we have little control over our lives. Furthermore, everyone deals with stress differently. Some may become angry, frustrated, anxious, irritable, or turn to food. Stress is something that everyone deals with in life. Sadly, stress will be something everyone has to deal with. Moreover, there are ways that stress can be managed other than ignoring it, as most people do.

When we are stressed, our body language and mood change, but there are coping mechanisms we can use. Some mechanisms you could try are exercise, deep breathing, or taking a break. This may include listening to your favorite music or reading a book, sleeping an appropriate amount, or talking to someone. These are just a few examples of how you could reduce your stress. Not every coping mechanism works for everyone; you are going to have to try different ways. Stress is something that will be a constant throughout your life. Furthermore, ignoring your stress is not healthy, and it is not something you should make a habit of doing. Find something that works for you and use it! Instead of being overwhelmed by stress, take the initiative to find ways to reduce your stress and increase your happiness!

4 ways to deal with stress	<ul> <li>In the long-term</li> <li>Exercise regularly</li> <li>Eat well</li> <li>Practice Mindfulness</li> <li>Practice relaxation techniques</li> </ul>	<ul> <li>In the short-term</li> <li>Take a walk</li> <li>Practice deep breathing</li> <li>Use aromatherapy</li> <li>Get a hug from a loved one</li> </ul>
🕇 Home	🚔 Work	Relationships
<ul> <li>Express yourself</li> <li>Take action</li> <li>Get organized</li> <li>Create your own space</li> </ul>	<ul> <li>Understand the expectations</li> <li>Avoid multitasking</li> <li>Minimize conflict</li> <li>Get comfortable</li> </ul>	<ul> <li>Remove external stressors</li> <li>Get to the root of the problem</li> <li>Save time for yourself</li> <li>Improve your communication skills</li> </ul>

### **Study Tips**

### Madison McBride

#### Writer

With Christmas coming up, that also means that exams are also on the rise. Moreover, when it is finally time to study for exams, it is not something done with a smile on your face. However, something that can be done to help is to have good study habits. These studying habits do not include crying into your pillow, giving up, or "winging it." Those are unhealthy and ineffective. Good study habits may include a study buddy, organized notes, studying in a comfy environment, and making yourself a study guide. These are effective tools to use, but there are some even more effective ones. An important tip is to actually study in shorter more frequent sessions with breaks between, as studying for long periods of time can actually distract and overwhelm your brain. Another tip is to keep your body healthy by eating nutritious food, and getting adequate sleep. Furthermore, eating breakfast on the day of the exam will also nourish your body and brain. Yes, exam week can be stressful, but it is something that can be managed. Use these healthy study habits as we begin to approach exams so that you can be happy, healthy and successful!

# A Nightmarish Christmas

Weston Runion Writer

This is my first time writing in this... book. My name is Gabe Gallant, but my friends call me GG, Im not very good at writing and there will probably be some misspelling. I am 10 years old and in 5th grade. Christmas is aproching quickly, and my mommy told me a story yesterday, the tale of the son of Hel, an old Greek goddess. Allthough he is a myth, he still scares me. Krampus, he takes bad children away from their homes if theyre bad, and lately it seems to be true. Kids have been disappearing in my nayborhood. But mommy keeps telling me that it's just the kids moving, or their parents getting something called divorse. But lately lots of weird things have been happening in the nayborhood.

This is the next day, and big sis has been acting a lot differently, she even slammed her door on mommy. Today is christmas eve, and for some reason mommy looks very scared. Sister doesn't care. After she said that I heard the doorbell ring. Then when mommy checked it out, there was a present at the door, and it was for sister. Mommy quickly ran outside and looked around, and she saw nothing except for the snow and the clouds spinning around outside. But tonight, im gonna try and see santa!

Something walked by me, but it wasnt santa, it was scary looking. With goat hooves, and a horrifying face, a old red coat, so old it was brown. I couldn't help but glimpse at it, it looked like what mommy called a demon, or krampus. Im writing just in case something happens to me, HE'S WALKING DOWN WITH SISSY! I'm gonna stop him.

I woke up on christmas morning, and found out that sissy ran away with her boyfriend, and mommy sent a search party after them but failed to find them. I don't know what happened to sissy, when I woke up this morning I was crying, but I don't know why. Mommy had to go to the hospital because she was so scared is what the doctors told me, and I don't remember the thing I wrote earlier, it must have been sissy before she left us. I hope I see her again someday.

# Album of the Month

#### Rylan Clarkson

Writer

In the year 1977 Billy Joel released his album The Stranger. Let's discuss it.

Upon first released it was received very well by critics and fans alike. From the best reviews of the album reviewers called it "his best work" and "he's matured and grown up in his writing". Some of the less positive reviews seemed to be more of back handed compliments with the likes of "his music seems to be less egoistical and more refined". Of course this album is on Carl Larkin's All Time 1000 Albums and Rolling Stone Magazine's 500 Greatest Albums of all time. Most Joel fans will agree that this is one of their favorite or top favorite Albums.

With all of this talk however what actually makes this album good? Well, given that this album has songs like "The Stranger", "Vienna", "She's Always a Women", and "Everybody has a Dream". Some of these songs are Billy Joel's greatest compositions. Some people say that The Stranger inst just Billy's best album but a pivotal moment in his music career. Before The Stranger Billy Joel's music was very full of itself. After The Stranger Billy's music became mature and got its jazzy feel. This would lead to great albums such as 52nd Street and Glass Houses. And it all started with Billy Joel's humble The Stranger.



## Arts Cont.

### "Book Lovers Day" Book Review: *Psycho (1959)*

#### Dillan Hayes Writer

In honor of Book Lovers Day (first Saturday in November) we will be reviewing a classic novel.

Many people know *Psycho* as that one horror movie from the 60s with the iconic shower scene, but what many people overlook is that *Psycho* is actually based off of a novel written by Robert Bloch. Robert Bloch's *Psycho* was published in 1959 and was loosely based off of the real life murders committed by Ed Gein. The book was praised by critics and received two sequels, *Psycho 2* and *Psycho House*. Interestingly, before the premiere of the movie adaptation of *Psycho* Alfred Hitchcock, the director of the film bought as many copies of the book as possible to keep the ending hidden.

The book begins with Mary Crane, a secretary who lives in Arizona stealing \$40,000 (Which would be \$380,000 with inflation) from one of her bosses' clients. She plans to take this money to her boyfriend, Sam Loomis so he can pay off his debts. Before she is able to make it to him, she gets lost on the highway and finds herself at the Bates Motel. Mary rents a room and meets the motel's caretaker Norman Bates, an overweight man in his late 40s who has been running the motel with his mother. While taking a shower in her room she is presumably killed by Norman's mother. When Norman finds her dead in the bathroom he gets rid of all the evidence of her staying there to keep his mother from being "put away." When Mary goes missing her sister Lila and Sam Loomis work together to find out what happened to her. They eventually trace her back to the Bates Motel where they discover Norman was behind the murder of not only Mary Crane but also his mother whom he has been impersonating due to not being able to cope with her passing.

*Psycho* is a short and sweet read, the pacing is consistent throughout the story and only dips down a bit for light exposition. The book is also pretty controversial considering the time it was written including topics such as mental health and matricide. Another positive about *Psycho* is that it never answers all of the questions it presents so you'll be thinking about this book for a long time even after you've finished it. Overall *Psycho* by Robert Bloch is a solid read and definitely worth your time.

"Rainy Days"

by Michael Robinson Illustrator

