

## Kick-Off to Summer

WESTON RUNION  
WRITER

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Summer is just around the corner, and you may be looking for places to hang out, or events that will happen this summer, so here you go! Just like every year, the Tiffin City Pool will be open every day from May 30th- August 14th. If you would like to go, you can buy a pool membership for \$10 per person, or a single day pass for \$5 (for ages 3 & above). You could also visit Hedges-Boyer park and play volleyball, baseball, or basketball. Or, just utilize the track and walk around with your friends! Hedges-Boyer also has an amazing disc golf course that you can take advantage of! If you're feeling adventurous, you can also visit the Seneca Caverns in Bellevue. It is an amazing experience, and so much fun! May hours for the Caverns: Open Saturday & Sunday only, 10:00 am to 5:00 pm (last tour departs at 4:00 pm). Summer hours: Memorial Day Weekend through Labor Day: open seven days a week, 9:00 am - 7:00 pm (last tour departs at 6:00 pm). Here are some more events happening this summer:

- Thursday Night Tunes: Thursdays at 7 PM, June - August at Frost-Kalnow Amphitheater. Concert schedule [here](#).
- May 30: Memorial Day Parade. Downtown Tiffin, 10 AM- 12 PM.
- East Green Concerts: Saturdays, June - September. Frost-Kalnow Amphitheater. See the schedule [here](#).
- Tiffin Bicentennial Celebration at Hedges-Boyer: July 4th. See more info [here](#).
- Farmer's Market: Every Saturday from May 21 - October 29. Times: 9AM-1PM.
- Ritz Theatre is performing the musical *Anything Goes* on July 8, 9 & 16 at 7:30 PM, and July 17 at 2 PM.
- Tiffin Flea Market: June 11-12 and July 2-3. Seneca County Fairgrounds. Open Saturdays 9:00 a.m. to 4:00 p.m. and Sundays 9:00 a.m. to 3:00 p.m.
- Tiffin Parks & Rec Summer Camps: \$30 to register, and many different camps including camps about nature, space, art, golf, etc. Get the full list and sign up [here](#).
- Seneca Parks Department Activities that include hiking, bird watching, crafts and more. Find the full list [here](#).

For more events this summer, visit [TiffinOhio.org](http://TiffinOhio.org).

# Mental Health Awareness

MADISON MCBRIDE  
WRITER

Mental health includes your emotional, psychological, and social-well being. Being in high school, most students are dying on the inside, especially with summer vacation within sight. Students and teachers need to let stress take over. Since it is the end of the year, there is much to do. Push through and do your best. One of the most important things you can do at this stage in the school year is to get a good night's rest and eat a balanced breakfast.

When mental health does take a dip or stress overtakes, there are several coping mechanisms you as a person can use. These include listening to music, exercising, being surrounded by friends, talking to someone, and breathing. It should be known that there are more coping skills than those listed and that not all coping mechanisms work for all people. However, it is crucial to avoid unhealthy coping strategies; these may include avoiding pressing issues, impulsive spending, under or over-spending, and not acknowledging your stress. Remember to practice healthy coping mechanisms and have a great break!

# Autism Awareness

FINN HARRIS  
WRITER

April was Autism Acceptance Month. Many people know it as Autism Awareness Month, and while awareness is essential, it makes autism sound like a disease or a tragedy to deal with. People have begun to call it Autism Acceptance Month because there is still a stigma toward autistic people.

Firstly, what is autism? Autism spectrum disorder (ASD) is a developmental disability that causes difficulty in social interaction, focusing and communication. Autism is more common than most people think. 1 in 44 children are diagnosed with ASD, and even more have it but do not get diagnosed. Why is this?

There are many different reasons people with ASD do not get diagnosed. Getting a diagnosis could affect a person's future in many ways. Also, many autistic people are scared that getting a diagnosis will change how people look at them. Another reason many autistic people don't get diagnosed is because of a harmful organization called Autism Speaks.

Autism Speaks is a harmful organization to the autistic community. Autism Speaks published the hurtful statistic that boys are more likely to have ASD than girls, which is not accurate and needs more research and testing before that statistic can be validated. Autism Speaks believes there is a "cure" for autism and acts as though autism is a contagious disease that autistic people have to live with. Autism Speaks also does not give more than 1% of the money donated to families; Autism Speaks mainly uses the money for "awareness" and lobbying.

Lastly, there are many ways to make your autistic friends feel more accepted, such as using tone tags, communicating your feelings, and treating them just like you would treat neurotypicals.



## May's Birthstone: Emerald

**WESTON RUNION**  
WRITER

Let's celebrate this month's birthstone: Emerald! Emeralds are a beautiful green color usually in the shape of a sphere or octagon. Emeralds are also considered to be very precious, on par with diamonds, rubies, and sapphires. Emeralds are also a very sought-after gem. Emeralds are a symbol of rebirth and are believed to give the owner of this precious gemstone foresight, great fortune, growth, peace, and youth. Of course, where there is good, bad always follows, as some believe that due to the "energies" of an emerald, some may suffer from depression, schizophrenia, nervous disorders, and paranoia. Of course, this is only what some believe. Emeralds are valuable in the jewelry trade, and are high-strength, lightweight, with high resistance to corrosion. The Rockefeller Emerald is the largest flawless emerald in the world and the most expensive emerald at \$5.5 million dollars!

## Exam Tips

**JULIA HEIL**  
WRITER

The last week of school is rapidly approaching and so are final exams. A common stressor is not feeling confident in your ability to take the exams, and even not feeling confident with the material you're being tested on. In hope to help relieve some stress, here are some important studying tips. To begin, make sure you give yourself enough time to prepare and study. Waiting until the night before your exam to study definitely isn't ideal. The space that you study in may be organized, which helps some people concentrate, or your space may even be cluttered. The study space is based on personal preference, but as long as you get yourself away from distractions, you can stay focused and study successfully. Another study tip is to look over old material on the certain subject that you're studying. More often than not, old tests and/or assignments can help refresh your memory in case you've forgotten a topic. Additionally, feel free to study with friends and work together. Sometimes adding a casual and less stressful atmosphere can help you focus. Lastly, don't forget to take breaks while studying because it's important to stay hydrated, eat, and give your brain time to recoup from all of the hard work. Good luck on your final exams, everyone!

## What is May Known For?

**FINN HARRIS**  
WRITER

May is the fifth month of the year. May is known for its name and the holidays in it. Additionally, May is known for the beginning of spring and summer after a long, cold winter. There are also some odd facts about the month.

May is named after the Greek Goddess, Maia. Maia is the Greek goddess of spring and fertility. She is the eldest daughter of the Titan, Atlas, and the nymph Pleione. "Maia" means "mother" in Greek mythology, which fits the Goddess as she had an affair with Zeus, which led her to have a son, Hermes. Maia also likes to tend to plants, which fits because May is known for flowers blooming.

There are many peculiar facts about May. Even though there are a lot of holidays to celebrate in May, many are not particularly "national." Such as Egg Month, World Tuna Day (May 2nd), and National Alphabet Magnet Day (May 9th). May used to be known superstitiously as a bad month to be married. May is also the only month where a president has not passed away. And only two out of all forty-six presidents were born in May. These presidents are Harry S. Truman (May 8th, 1884) and John F. Kennedy (May 29th, 1917).

The month of May is known for many different topics and ideas. May is also known as the month of blooming flowers and the beginning of warmer weather. Many children are also ecstatic about school ending. May is the month of love and success, and many girls are named May, or their middle names are May, especially if they are born in May.



## Harry Styles' New Album

**JULIANNAH HAUDENSHILD**  
WRITER

On March 13th, Harry Styles, a British singer and Grammy Award winner, announced the release of his third studio album *Harry's House* which is set to release May 20th. This album has been anticipated since his last album *Fine Line* was released back in December of 2020.

Styles released his first and only single off the album named "As it Was". The song, on the first day of its release, reached "16,103,849 streams worldwide and became the most streamed track on Spotify in 24 hours (male)" (Guinness World Records). A month after his album announcement, Styles released the tracklist for the album. Containing 13 songs, the album will begin with a peculiar lead-off named "Music for a Sushi Restaurant," and will contain other titles that caught fans by surprise such as "Matilda" and "Grapejuice." In an interview with Zane Lowe, Styles speaks about the album and its sound: "It sounds like the biggest, and the most fun, but it's by far the most intimate." He also spoke about the reasoning behind the album: "I just want to make stuff that is right, that is fun, in terms of the process, that I can be proud of for a long time, that my friends can be proud of, that my family can be proud of, that my kids will be proud of one day." I think it's safe to say that this album will give us a broader look at Harry Styles and his talent.



## Pride Month (June)

**FINN HARRIS**  
WRITER

June is Pride Month, in which people of the LGBTQ+ community celebrate being themselves and being proud of their identities. There are many reasons we celebrate our identities, such as the history of the LGBTQ+ community. We are not as oppressed as our LGBTQ+ ancestors were. We also celebrate LGBTQ+ identity because we are proud to be who we are.

First, let's talk about LGBTQ+ and the different parts of it. The "L" in LGBTQ+ stands for the lesbians in the community, the "L" did not always come first, but the community collectively changed it after lesbians were the main caretakers of gay men through the AIDS epidemic. Many straight people thought they would get AIDS just from being around gay men, which was completely incorrect. Moving on, the "G" in LGBTQ+ stands for gay men. Many gay men made a massive difference in our history, such as Socrates, Leonardo Da Vinci, and Alan Turing, all of whom are thought to have been gay. The "B" in LGBTQ+ stands for bisexuality. One of the first people to use the word "bisexual" to define their sexuality was in the 19th century when German psychologist Richard Von Krafft-Ebing used the term to describe people attracted to femininity and masculinity. The "T" in LGBTQ+ stands for transgender people. Transgender people, and just LGBTQ+ in general, have been around since ancient times, but Christine Jorgenson was the first widely known transgender person to have gender-reassignment surgery. The "Q" in LGBTQ+ stands for queer people. Queer means that the person doesn't necessarily have a label for their sexuality and/or gender, which is completely okay. A famous queer person in history was Hatshepsut. Their gender was not necessarily defined as some statues show them as female, and some as male. Many sources will say they were not just into men. The "+" in LGBTQ+ stands for anyone who does not align themselves with lesbian, gay, bisexual, transgender, or queer. People who identify as polyamorous, asexual, polysexual, and many more sexualities are represented by the "+" in LGBTQ+.

There are multiple reasons why people celebrate being a part of the LGBTQ+ community, such as LGBTQ+ history, including the most popular LGBTQ+ riots: the Stonewall Riots of 1969. The Stonewall Riots took place in Manhattan, New York at the Stonewall Inn. The riots occurred because police violently pulled employees and customers out of the bar and caused many people to be upset. A year after the Stonewall Riots, many people marched to Central Park from the Stonewall Inn, and this was known as the very first pride event. In 2016, Obama officially stated that the bar is a national monument. There are many other protests and special events in LGBTQ+ history, but it is not the only reason people celebrate being a part of the LGBTQ+ community.

There are many more reasons we have pride month, but what is important is that we understand LGBTQ+ history and know that being a part of the LGBTQ+ community is not only a label, but a part of our identity.



## Movie of the Month: *Doctor Strange in the Multiverse of Madness*

CONTAINS SPOILERS

Do not read this if you have not seen the movie!

**GRANT TERRY**

**WRITER**

*Doctor Strange in the Multiverse of Madness* is the newest entry in the MCU (Marvel Cinematic Universe). This movie doesn't feel like your average MCU entry, especially thanks to director Sam Raimi. This movie definitely has directorial elements that are associated with Sam Raimi. This is the first MCU movie to really have any horror elements and I don't think anyone could have done it better than Sam Raimi. I saw this movie opening night with some of my friends because we were so excited.

Overall, I do have mixed feelings about this movie though.

This movie is pretty short which is how Sam Raimi usually likes to make his movies but the pacing isn't very good. The movie doesn't slow down a lot and always feels like something has to be happening. However, when there is a slow scene it works really well. Despite being called a "Doctor Strange film," this also feels like *WandaVision 1.5*. The main villain is Wanda aka The Scarlet Witch, and I really don't think she works awfully well as the main villain of the story. I understand her motivations and I understand that the dark hold had power over her, but I don't feel any sympathy for her. She comes off as an insane monster who would literally tear apart the universe just to see her kids again. She works as a villain, but it could have been better. I don't mind the new character, America Chavez. She is kind of just thrown into the story, but it works. The movie overall is a Doctor Strange movie though. You can definitely tell he has gone through character development because in the end he does not take America's powers like everyone else has tried to.

The cameos are really good though as well. I like how this wasn't a cameo in the movie like some people were expecting, but it had enough. The Illuminati was very cool. I really liked John Krasinski as Reed Richards aka Mr. Fantastic. The deaths of the Illuminati were super gruesome which I really enjoyed. It was a nice surprise to see that in a MCU film.

Overall this movie is worth watching, while I do have mixed feelings on it. This movie is definitely in my top half of MCU films. I would give this movie a 7/10. Thanks for reading!





A special "thank you" to all  
students and staff who  
read the *Tiffinian* this year!

Thanks for your support  
and for an awesome year!

See you in the 2022-23  
school year!

Have a safe and fun summer!